

## Prediction Survey

We would like you to imagine that you are participating in a study about commuting in cabs. Imagine that, as you leave the airport to catch your cab, you see a student standing near the cab stand who asks you to participate in a study. Imagine that, just like you did today, you agree to participate and sign a consent form.

Imagine that the student gives you these instructions for the study:

**"Please do not make any changes to what you would normally do during your cab ride today. Your goal is to do as you normally would when you are in a cab."**

Imagine that you follow these instructions and then complete a questionnaire at the end of your commute.

1. How happy do you think you would feel after your cab ride if you followed these instructions? Circle your response.

|                     |   |   |                   |   |   |            |
|---------------------|---|---|-------------------|---|---|------------|
| 0                   | 1 | 2 | 3                 | 4 | 5 | 6          |
| Not at all<br>happy |   |   | Somewhat<br>happy |   |   | Very happy |

2. How sad do you think you would feel after your cab ride if you followed these instructions? Circle your response.

|                |   |   |                 |   |   |          |
|----------------|---|---|-----------------|---|---|----------|
| 0              | 1 | 2 | 3               | 4 | 5 | 6        |
| Not at all sad |   |   | Somewhat<br>sad |   |   | Very sad |

3. How pleasant do you think your cab ride would be, compared to a normal cab ride, if you followed these instructions? Circle your response.

|  |    |    |   |   |   |  |
|--|----|----|---|---|---|--|
| -3   | -2 | -1 | 0   | 1 | 2 | 3  |
| Much <b>less</b><br>pleasant than<br>usual |    |    | No more or<br>less pleasant<br>than usual |   |   | Much <b>more</b><br>pleasant<br>than usual |

4. How productive do you think you would be (that is, how much would you accomplish) during your cab ride, compared to a normal cab ride, if you followed these instructions? Circle your response.

|  |    |    |  |   |   |  |
|--|----|----|--|---|---|--|
| -3   | -2 | -1 | 0  | 1 | 2 | 3  |
| Much <b>less</b><br>productive<br>than usual |    |    | No more or<br>less<br>productive<br>than usual |   |   | Much <b>more</b><br>productive<br>than usual |

Now, instead, imagine that the student gives you these instructions:

**"Please have a conversation with your cab driver during your cab ride today. Try to make a connection with the driver. Find out something interesting about him or her and tell them something about you. The longer the conversation, the better. Your goal is to try to get to know your cab driver today."**

Imagine that you follow these instructions and then complete a questionnaire at the end of your commute.

5. How happy do you think you would feel after your cab ride if you followed these instructions? Circle your response.

|                     |   |   |                   |   |   |            |
|---------------------|---|---|-------------------|---|---|------------|
| 0                   | 1 | 2 | 3                 | 4 | 5 | 6          |
| Not at all<br>happy |   |   | Somewhat<br>happy |   |   | Very happy |

6. How sad do you think you would feel after your cab ride if you followed these instructions? Circle your response.

|                |   |   |                 |   |   |          |
|----------------|---|---|-----------------|---|---|----------|
| 0              | 1 | 2 | 3               | 4 | 5 | 6        |
| Not at all sad |   |   | Somewhat<br>sad |   |   | Very sad |

7. How pleasant do you think your cab ride would be, compared to a normal cab ride, if you followed these instructions? Circle your response.

|  |    |    |   |   |   |  |
|--|----|----|---|---|---|--|
| -3   | -2 | -1 | 0   | 1 | 2 | 3  |
| Much <b>less</b><br>pleasant than<br>usual |    |    | No more or<br>less pleasant<br>than usual |   |   | Much <b>more</b><br>pleasant<br>than usual |

8. How productive do you think you would be (that is, how much would you accomplish) during your cab ride, compared to a normal cab ride, if you followed these instructions? Circle your response.

|  |    |    |  |   |   |  |
|--|----|----|--|---|---|--|
| -3   | -2 | -1 | 0  | 1 | 2 | 3  |
| Much <b>less</b><br>productive<br>than usual |    |    | No more or<br>less<br>productive<br>than usual |   |   | Much <b>more</b><br>productive<br>than usual |

Now, instead, imagine that the student gives you these instructions:

**"Please keep to yourself and enjoy your solitude during your cab ride today. Take this time to sit alone with your thoughts. Your goal is to focus on yourself and the rest of the day. You should try not to speak with the cab driver. Instead, reflect on your day."**

Imagine that you follow these instructions and then complete a questionnaire at the end of your commute.

9. How happy do you think you would feel after your cab ride if you followed these instructions? Circle your response.

|                     |   |   |                   |   |   |            |
|---------------------|---|---|-------------------|---|---|------------|
| 0                   | 1 | 2 | 3                 | 4 | 5 | 6          |
| Not at all<br>happy |   |   | Somewhat<br>happy |   |   | Very happy |

10. How sad do you think you would feel after your cab ride if you followed these instructions? Circle your response.

|                |   |   |                 |   |   |          |
|----------------|---|---|-----------------|---|---|----------|
| 0              | 1 | 2 | 3               | 4 | 5 | 6        |
| Not at all sad |   |   | Somewhat<br>sad |   |   | Very sad |

11. How pleasant do you think your cab ride would be, compared to a normal cab ride, if you followed these instructions? Circle your response.

|  |    |    |   |   |   |  |
|--|----|----|---|---|---|--|
| -3   | -2 | -1 | 0   | 1 | 2 | 3  |
| Much <b>less</b><br>pleasant than<br>usual |    |    | No more or<br>less pleasant<br>than usual |   |   | Much <b>more</b><br>pleasant<br>than usual |

12. How productive do you think you would be (that is, how much would you accomplish) during your cab ride, compared to a normal cab ride, if you followed these instructions? Circle your response.

|  |    |    |  |   |   |  |
|--|----|----|--|---|---|--|
| -3   | -2 | -1 | 0  | 1 | 2 | 3  |
| Much <b>less</b><br>productive<br>than usual |    |    | No more or<br>less<br>productive<br>than usual |   |   | Much <b>more</b><br>productive<br>than usual |

13. What do you normally do during your cab ride? Please mark all options that apply.

- ☐ Talk to the driver  
☐ Talk on the phone  
☐ Talk to someone else in the cab  
☐ Read a book or newspaper  
☐ Sleep  
☐ Think (by yourself)  
☐ Work on a computer  
☐ Other: \_\_\_\_\_

14. For each of the following items, check one box to indicate your response. There should be one check per row.

I see myself as:

|  | Disagree<br>strongly | Disagree<br>moderately | Disagree<br>a little | Neither<br>agree nor<br>disagree | Agree<br>a little | Agree<br>moderately | Agree<br>strongly |
|--|----------------------|------------------------|----------------------|----------------------------------|-------------------|---------------------|-------------------|
| Extraverted,<br>enthusiastic           |                      |                        |                      |                                  |                   |                     |                   |
| Critical,<br>quarrelsome               |                      |                        |                      |                                  |                   |                     |                   |
| Dependable,<br>self-<br>disciplined    |                      |                        |                      |                                  |                   |                     |                   |
| Anxious,<br>easily upset               |                      |                        |                      |                                  |                   |                     |                   |
| Open to new<br>experiences,<br>complex |                      |                        |                      |                                  |                   |                     |                   |
| Reserved,<br>quiet                     |                      |                        |                      |                                  |                   |                     |                   |
| Sympathetic,<br>warm                   |                      |                        |                      |                                  |                   |                     |                   |
| Disorganized,<br>careless              |                      |                        |                      |                                  |                   |                     |                   |
| Calm,<br>emotionally<br>stable         |                      |                        |                      |                                  |                   |                     |                   |
| Conventional,<br>uncreative            |                      |                        |                      |                                  |                   |                     |                   |

**Thank you!**

**PLEASE DROP THIS ENVELOPE WITH THE COMPLETED QUESTIONNAIRE INTO A  
MAILBOX AT YOUR EARLIEST CONVENIENCE.**